# NITRATE

## Key Takeaways

Nitrate contamination is a serious problem in **Wisconsin's** groundwater. **It's been** affecting our water for over 50 years and continues to get worse. This contamination is harmful to both our health and the environment, so it's urgent to address this issue now. The GCC listed nitrate contamination of groundwater as a problem in the first annual report in 1985 and has made it a top priority since 1994. GCC agencies continue to proactively address nitrate contamination but must be allowed to implement more effective practices in order to protect groundwater sources of drinking water.

GCC member agencies continue to work on multiple initiatives related to reducing the risk of high nitrate levels in groundwater and drinking water (see groundwater management sections – DNR, DATCP, UW, WGNHS).

To learn how we can address nitrate contamination in groundwater, see the Recommendations Section.

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#### What is nitrate and what are the human health concerns?

Nitrate (NO<sub>3</sub>) forms when nitrogen from fertilizers or other sources combines with oxygen. Normally, nitrate levels in groundwater are below 2 parts per million where pollution sources are absent. Higher levels suggest contamination from agricultural or turf fertilizers, animal waste, septic systems or wastewater. Nitrate dissolves easily in water and does not adsorb onto the soil. It can easily be carried into the groundwater by rainwater and melting snow as they percolate through the soil and bedrock into the underlying aquifer. While nitrogen fertilizer in agricultural use results in larger crop yields, high concentrations of nitrate in groundwater can harm public health. The health-based groundwater quality enforcement standard (ES) for nitrate-N in groundwater and the maximum contaminant level (MCL) for nitrate-N in public drinking water are both 10 mg/L or 10 ppm (WI NR 140.10, WI NR

<u>809.11</u>). Everyone should avoid drinking water with high nitrate levels for a long time.

Nitrates are also found naturally in some vegetables and cured meats. How you consume nitrate matters because your body processes it differently depending on the source<sup>1</sup>. Nitrate is reduced to nitrite in the body by bacteria in the mouth and gastrointestinal tract. In blood and tissues, nitrite is normally reduced to nitric oxide, which plays an important physiologic role in vascular and immune function. However, under certain conditions in the body, nitrite has the potential to be converted to harmful compounds, notably carcinogenic nitrosamines. While no negative health consequences have been found from consuming nitrates from vegetables, the Wisconsin Department of Health Services (DHS) concludes that high levels of nitrate in drinking water can pose a number of serious health risks.

Why do we care about nitrate in our groundwater?

Approximately 2/3 of Wisconsin's drinking water comes from our groundwater. Drinking water with high levels of nitrate is unsafe for everyone! It poses an acute risk to infants and women who are pregnant, a possible risk to the developing fetus during very early stages of pregnancy, and a chronic risk of serious disease in adults, such as thyroid disease and cancer.



## Known public health risks:

• Infants & Blue-baby Syndrome. Infants under 6 months who drink water containing high nitrate levels are especially at risk, and can develop a dangerous condition called "blue-baby syndrome" (methemoglobinemia). This condition prevents their blood from carrying enough oxygen and in extreme cases can be fatal. In Wisconsin, there have been at least three suspected cases linked to nitrate contaminated drinking water<sup>2</sup>. In children, there is also growing evidence of a correlation between nitrate and diabetes<sup>3,4</sup>.

- Pregnant Women & Birth Defects. Several studies over the past decade have examined statistical links between nitrate exposure and birth defects<sup>5</sup>. Some studies show a possible link between maternal nitrate consumption in drinking water and these birth defects, although more research is needed to confirm this. These studies support the continuation of private well testing programs and enhanced well compensation programs.
- Adults & Cancer. Long-term consumption of nitrate-contaminated water can lead to serious health problems in adults, including various types of cancer. Nitrate can convert to nitrite (NO<sub>2</sub>) and then to N-nitroso compounds (NOC's), which are some of the strongest known carcinogens. This transformation is associated with an increased risk of non-Hodgkin's lymphoma<sup>6</sup>, gastric cancer<sup>7,8</sup>, and bladder and ovarian cancer in older women<sup>9</sup>. High nitrate levels have also been linked to thyroid disease and colon cancer. The DHS advises everyone to avoid long-term use of water with high nitrates for drinking or cooking.

#### What are the environmental effects of nitrate contamination?

Adverse environmental effects from nitrate contamination are well documented.

- Loss of biodiversity in both land and water systems has been documented with increasing nitrate<sup>10</sup>.
- A number of studies have shown that nitrate can cause harm or death in fishes, amphibians and aquatic invertebrates<sup>11-17</sup>. This is significant because many baseflow-dominated streams (springs, groundwater-fed low-order streams) in agricultural watersheds in Wisconsin exhibit elevated nitrate concentrations, at times exceeding 30 ppm.
- In addition to phosphorus, nitrogen contributes significantly to nutrient-related water quality degradation of lakes and streams in Wisconsin. Groundwater and drain tile transported nitrate, along with urea and ammonium play a significant role in the overenrichment of water bodies, driving excessive algae and cyanobacteria growth, along with increasing the potential for harmful algal bloom toxin formation<sup>18,19</sup>

What effect does nitrate contamination have on our wildlife?

Loss of biodiversity and serious health issues, including death in fish and amphibians have been shown to be caused by nitrate contamination.



## How widespread is elevated nitrate in **Wisconsin's** groundwater?

Nitrate is Wisconsin's most widespread groundwater contaminant and nitrate is increasing in extent and severity in the state<sup>20-23</sup>.

### Nitrate in public water systems

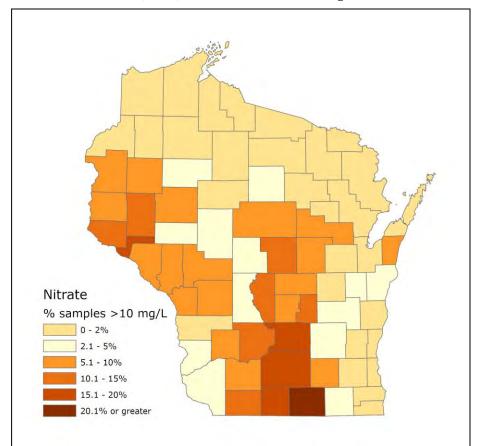
A 2012 survey of Wisconsin municipal water-supply systems found that 47 systems had raw water samples that exceeded the nitrate-N MCL, up from just 14 systems in 1999. Increasing nitrate levels have been observed in an additional 74 municipal systems. In FY 24, more than 240 public water supply systems (many of which were small businesses) exceeded the nitrate drinking water standard of 10 mg/L requiring them to post notices, provide bottled water, replace wells, install treatment or take other corrective actions.

## Nitrate in private water systems

Private water wells, relied upon by one third of Wisconsin families, are at continued risk of nitrate contamination. Statewide, about 10% of private well samples exceed the health based Maximum Contaminant Level (MCL) for nitrate-N, although one

third of private well owners have never had their water tested for nitrate<sup>24,25</sup>. In some intensively cultivated agricultural regions of the state 20%-30% of private well samples have exceeded the MCL<sup>26</sup>. Nitrate concentrations affect deeper wells over time as nitrate pollution penetrates aquifers and migrates farther from original source areas<sup>21</sup>.

In 2014, in response to the DHS revised health recommendation that long-term use of water over the standard by anyone poses a significant health risk, ch. NR 812 Wis. Admin code (Well Construction and Pump Installation) was changed to require sampling for nitrate in both newly constructed wells and



Map 1. Estimated Percentage of Private Wells over Nitrate Standard (10 mg/L) by County (Jan. 2023 through June 2024).

existing wells that had pump work done. To date, the pump work and new well dataset has over 230,000 samples, providing one of the least biased large data sets in Wisconsin.

Data from Jan. 2023 – June 2024 for new well and pump work showed that of the 21,918 samples taken, 1,150 or 5.25% were greater than 10 ppm and 6,673 or 30.4% were above the preventative action limit (PAL) of 2 ppm. Unfortunately, some counties have a much greater percentage of wells testing above the 10 ppm standard for nitrate. See Map 1 for individual county results.

#### Land use and nitrate contamination

The vulnerability of groundwater to contamination depends on aquifer sensitivity in combination with a source of naturally occurring or human-caused contamination. An analysis completed in 1994 of relative source contributions concluded that about 90% of nitrogen inputs to groundwater in Wisconsin can be traced to agricultural sources including manure spreading and fertilizer application<sup>27</sup>.

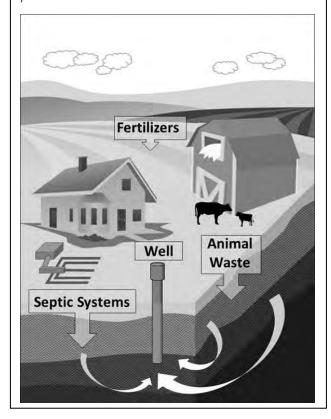
In 2023, the Wisconsin Department of Agriculture, Trade and Consumer Protection (DATCP) and the Wisconsin Field Office of the National Agricultural Statistics Service (NASS) surveyed 380 private wells and placed them into categories based on how intensively the surrounding land was cultivated for agricultural production. The survey found that statewide, 7.3% of private wells in Wisconsin exceeded 10 mg/L for nitrate. However, marked differences in the percentage of wells over 10 mg/L were noted when grouping the data by surrounding agricultural intensity; the percentage increased from 0% when surrounding land was lightly cultivated to 24% of wells exceeding the health based standard when the surrounding land was greater than 75% cultivated. DATCP has conducted a total of six surveys in Wisconsin groundwater since the early 1990s (1994,

How does nitrate get into our drinking water?

Nitrate can enter our groundwater (and then our drinking water) from fertilizer, animal and human waste runoff.

Graphic created by Minnesota

Department of Health. Used with permission.

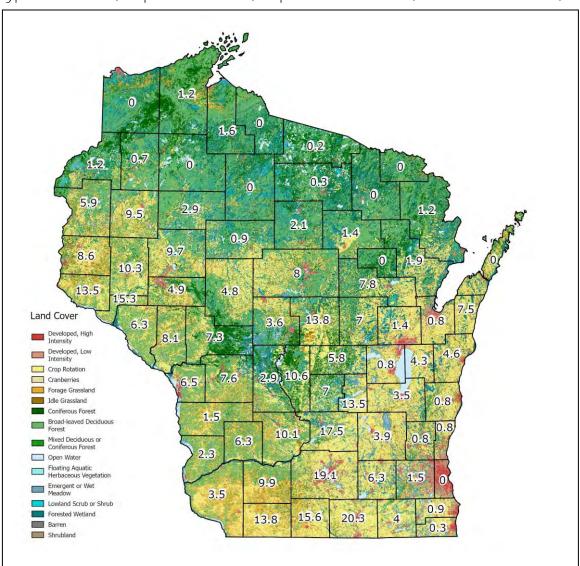


1996, 2001, 2007, 2016, and 2023). Through a comparative analysis of the 2023 survey findings with those from earlier surveys, the most recent study determined

that the statewide estimated detection rates of nitrate concentrations exceeding 10 mg/L did not statistically change since 1994.

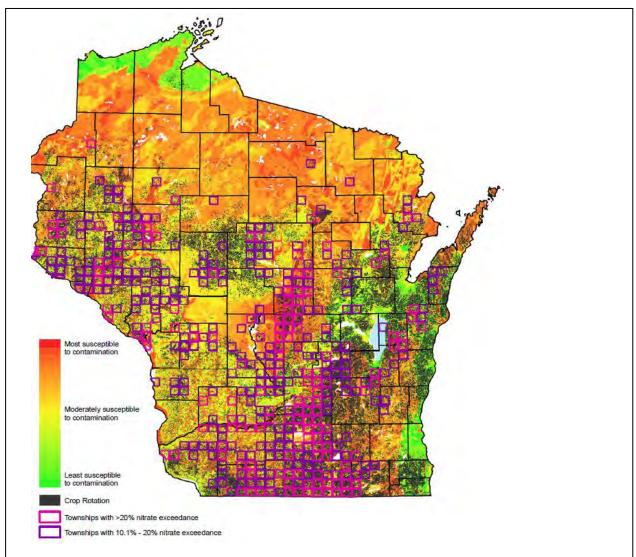
At a statewide scale, a mapping of broad land use categories overlaid with the estimated percentage of private wells exceeding the health-based standard by individual counties also illustrates that more wells are impacted in agriculturally intensive areas of the state (see Map 2).

The dominant effect of land use in comparison to aquifer sensitivity is also illustrated when overlaying township level private well nitrate data and agricultural land use with the Groundwater Contamination Susceptibility Model (GCSM) (see Map 3). The GCSM for Wisconsin was developed by WGNHS, DNR, and the USGS and is intended to be used at broad scales. Five physical resource characteristics - type of bedrock, depth to bedrock, depth to water table, soil characteristics, and



Map 2. Estimated Percentage of Private Wells over Nitrate Standard (10 mg/L) by County with Land Cover (from Wiscland2) (Jan. 2023 - June 2024).

characteristics of surficial deposits (geologic materials lying between the soil and the top of the bedrock)—for which information was available were identified as important in determining how easily a contaminant can be carried through overlying materials to the groundwater. Areas with sand and gravel are considered more sensitive to groundwater contamination; areas with silt and clay are considered less susceptible. When viewed at a statewide scale, even parts of the state with only moderate aquifer sensitivity have townships where greater than 10% and frequently greater than 20% of private wells exceed the health-based standard for nitrate in drinking water.



Map 3. Sensitivity of Wisconsin's groundwater versus agricultural land use and nitrate impacts to private wells.

### Is groundwater nitrate increasing or decreasing?

Evidence indicates that nitrate contamination of our groundwater resources has increased in more locations over time rather than decreased. Upward nitrate trends over time are frequently observed when reviewing regional or local trends in well water quality, particularly where wells are vulnerable to nitrate contamination.

At a statewide scale, evaluation of overall nitrate trends using existing private and public well data is challenging for several reasons. Private wells are not typically sampled consistently over time, and not all private well data is reported to DNR. Public water system sampling, on the other hand, is to ensure water is safe at the tap. Once a public well exceeds the nitrate MCL, the system is required to come back into compliance and the preferred action is to replace the well. Wells with increasing trends are thereby removed, biasing the public water data set towards wells without increasing nitrate concentrations.

Both new private and public wells tend to be sited, drilled and cased to avoid known water quality issues such as nitrate contaminated groundwater. To help evaluate aquifer depths where lower nitrate levels may be found, the DNR provides assessment tools to evaluate the depth of penetration of nitrate in the aquifer based on historical well sampling and well construction data within a Township. The result of these factors is that both private and public wells are not consistently sampling the "same" water or depths over time and are biased toward utilizing groundwater without contamination, making an analysis of the groundwater resource, comparisons over time and trend analysis difficult using these data sets.

However, we do have a large number of public wells distributed across the state that are required to submit nitrate sample results to the DNR at least annually. On average, there are approximately 11,0000 non-community public wells (e.g. small businesses, schools, churches) active at any given time. A review of the historical record of these well data since 1975, shows a relatively consistent number of wells

Year	MC	OC	NN	TN
2015	3	6	12	18
2016	0	2	3	8
2017	3	4	15	27
2018	2	4	12	17
2019	3	2	8	22
2020	3	5	6	19

MCL violations for nitrate in recent years by public well type – Municipal Community (MC), Other than Municipal Community (OC), Non-Transient, Non-community (NN) and Transient, Non-community (TN). Note: the numbers for TN systems do not include the approximately 200 wells on continuing operation (sampling between 10 ppm and 20 ppm). DNR is currently implementing a work plan to bring all TN public water systems back into compliance with the nitrate standard of 10 mg/L.

exceed the 5 mg/L and 10 mg/L nitrate thresholds within any single decade (i.e. about 18.3% of non-community water systems exceed 5 mg/L and about 6.5% exceed 10 mg/L). However, when looking at these wells over the full period of record, there is a much larger set of wells represented (>20,000 individual wells) and the total number of wells exceeding these thresholds at any point in time is greater than in any discrete decade. Over the full record of the DNR Public Water System database, approximately 21% of these wells exceeded 5 mg/L and approximately 8.3% exceeded 10 mg/L. Many of the nitrate impacted wells have dropped out of the data set over time as corrective actions are implemented to meet drinking water standards. The table below lists MCL violations for nitrate in recent years by public well type – Municipal Community (MC), Other than Municipal Community (OC), Non-Transient, Non-community (NN) and Transient, Non-community (TN).

### Regional and local nitrate trends

Wisconsin counties have conducted their own studies using consistent sets of well data that reveal local trends in aquifer nitrate levels. The Rock County Health department has been sampling and maintaining a data set based on a consistent set of transient non-community (TN) public wells over approximately 25 years. A group of 79 wells located throughout the county has shown an increasing average concentration since 1994, with a marked increase in the last decade (see Figure 1 below).

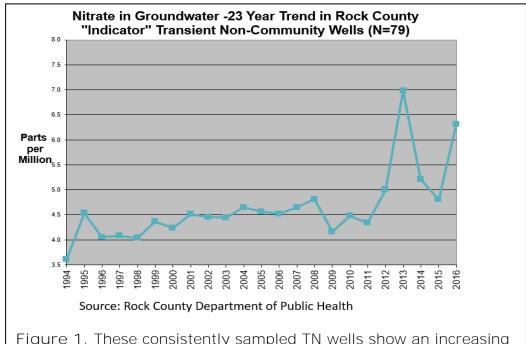
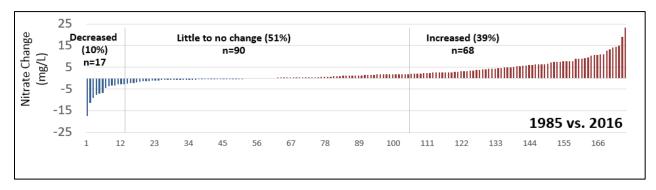


Figure 1. These consistently sampled TN wells show an increasing nitrate trend since 1994.

Chippewa County provides another example where a consistent set of private wells (175) were sampled multiple times over thirty years. This data set shows the importance of location: most wells saw little or no change over the 30 years (51%)

and some wells showed a decrease (10%), while 39% showed an increase in nitrate concentrations (see Figure 2 below).



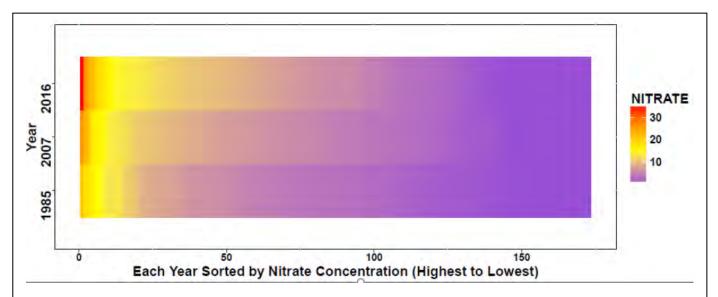
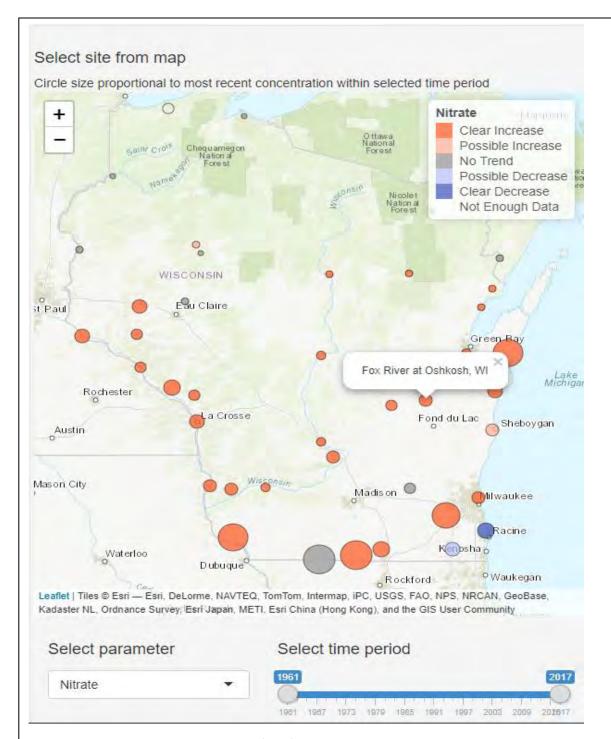
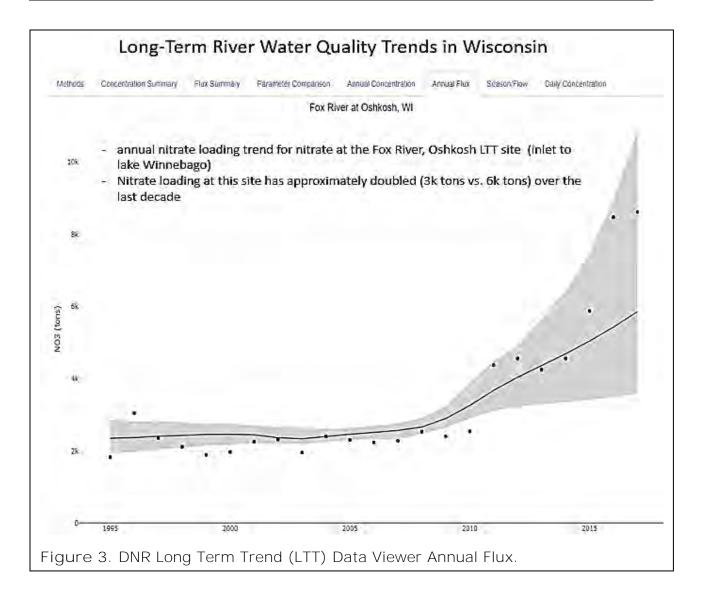


Figure 2. Chippewa study: old, mid and late era sample data. Masarik et al., 2016 In preparation.

Another useful method to assess long-term groundwater nitrate trends throughout the state is to evaluate data from groundwater baseflow dominated streams. A large portion of the state is covered by "groundwater dominated" watersheds (i.e. the ratio of groundwater baseflow to total streamflow is greater than 50%). Long term trend monitoring sites maintained by DNR and USGS in these watersheds provide information about the aggregate water quality yielded by these watersheds over time for groundwater transported contaminants such as nitrate. Wisconsin has some large basins where the baseflow contribution at the monitoring station is estimated to be as high as 90%<sup>28</sup>. Data from DNR's Long Term Trend Network for streams shows increases in nitrate concentration for most locations throughout the state (see Map 4 and Figure 3).



Map 4. DNR Long Term Trend (LTT) Data Viewer: wisconsindnr.shinyapps.io/riverwq.



#### Costs to Wisconsin well owners to mitigate Nitrate

To obtain a safe water supply, private well owners may opt to replace an existing well with a deeper, better cased well or, if available, connect to a nearby public water supply. Starting in the Fall of 2022 and until the current \$10M funding allocation is depleted, owners of nitrate-contaminated private wells and some small public water systems can qualify for the new American Rescue Plan Act (ARPA) Well Compensation and Well Abandonment Grant Program if the nitrate-N level in their well exceeds 10 ppm. Due to the high demand for this program, available funding is anticipated be exhausted near the end of state fiscal year 2024. Under this new program, by June 2024, nearly 450 total well compensation awards were provided to eligible well owners to remedy multiple types of contamination, but a full 73% of the awards were due to nitrate levels exceeding the health-based standard. A total of 67 awards were provided to small non-community public water systems, including many small businesses, churches and schools. Fifty-three (53) of these

systems needed the assistance to address high nitrate levels. The success of this new well compensation program, which significantly broadened eligibility over the current Well Compensation Program to support more well owners (e.g. eliminated the requirement that a nitrate-contaminated well is only eligible for a grant if it is used as a water supply for livestock; and lowering the nitrate threshold for nitrate-contaminated wells from 40 parts per million (ppm) to 10 ppm to comply with the state's public health standards) meant that participating eligible small business owners and other small public systems could provide safe drinking water and would no longer need to post public notice warnings due to contaminated water.

In lieu of well replacement, some well owners may choose to install a water treatment system or use bottled water. Some private well owners in rural Wisconsin are installing reverse osmosis filter systems at considerable cost to obtain safe drinking water<sup>23</sup>.

### Private well owners cost analysis

In 2019, the data from new wells and pump work from 2014 through 2018 was used in an analysis to develop a cost estimate for private wells to address nitrate over the 10 ppm health standard. The estimate is based on private well owners who are over the nitrate standard choosing to drill a new well to a depth where water below the standard can be obtained (the preferred safe at the source method).

The analysis involved estimating the number of private wells in each county and multiplying that by the percentage of wells over 10 ppm for each county. A cost for individual well replacement was developed using Groundwater Retrieval Network (GRN) nitrate data to determine the depth of penetration of nitrate into the aquifer. This depth was used as the estimated depth to construct a well reaching safe water at the source.

The data analysis from 2019 shows that the estimated number of private wells exceeding the health standard for nitrate in Wisconsin is over 42,000, with a total cost estimate of abandoning the contaminated well and replacing it with a new safe water supply exceeding 446 million dollars. Results by county are shown in Table 1 below. These costs have probably doubled due to the increased cost of steel, cement and drilling driven by supply chain issues during and after Covid-19.

An estimate of the cost to well owners who have already replaced their well due to elevated nitrate was calculated by reviewing well construction reports submitted to the department where nitrate was listed as the reason for the new well. This likely underestimates the number of wells replaced for nitrate, because no reason was listed on the report. Using the same methodology, it is estimated that private well owners have spent more than 9 million dollars to replace wells with elevated nitrate levels.

Table 1: Estimated percent/number of private wells exceeding the health standard for nitrate and the total cost estimate to abandon the contaminated well and replace it with a new safe water supply by county.

County	Estimated # of private wells	Estimated % of wells over 10 ppm Nitrate Standard	Estimated # of private wells over Nitrate Standard	Estimated Replacement Cost (millions)
Adams	9959	12.4%	1232	\$10.82
Ashland	2290	0.0%	0	\$0.00
Barron	9336	9.3%	872	\$8.69
Bayfield	5679	0.0%	0	\$0.00
Brown	14077	2.9%	414	\$4.93
Buffalo	3158	7.1%	224	\$1.67
Burnett	6689	1.2%	82	\$0.41
Calumet	3932	10.5%	413	\$5.25
Chippewa	13242	13.5%	1788	\$15.99
Clark	6581	5.4%	357	\$1.80
Columbia	8762	17.9%	1564	\$19.22
Crawford	2485	0.9%	24	\$0.28
Dane	23506	18.3%	4313	\$65.61
Dodge	11112	5.0%	553	\$7.44
Door	11797	1.3%	153	\$2.04
Douglas	5165	0.0%	0	\$0.00
Dunn	7501	12.1%	906	\$6.65
Eau Claire	9153	5.3%	483	\$3.89
Florence	2423	1.6%	39	\$0.18
Fond du Lac	12190	5.3%	649	\$8.41
Forest	4073	1.3%	54	\$0.19
Grant	5895	6.6%	389	\$6.05
Green	5474	20.2%	1106	\$15.22
Green Lake	4957	19.5%	968	\$14.60
Iowa	3511	12.5%	438	\$7.13
Iron	749	0.7%	6	\$0.02
Jackson	4688	6.7%	312	\$1.63
Jefferson	9491	8.3%	792	\$8.16
Juneau	5166	11.6%	600	\$3.85
Kenosha	15570	0.8%	132	\$1.21
Kewaunee	3741	3.3%	122	\$0.90
La Crosse	7216	13.4%	965	\$8.99
Lafayette	2628	15.3%	402	\$5.74
Langlade	6387	4.7%	298	\$2.41
Lincoln	7396	3.7%	277	\$1.55

Table 1 continued: Estimated percent/number of private wells exceeding the health standard for nitrate and the total cost estimate to abandon the contaminated well and replace it with a new safe water supply by county.

contaminated well a				
County	Estimated # of private wells	Estimated % of wells over 10 ppm Nitrate Standard	Standard	Replacement Cost (millions)
Manitowoc	8693	6.2%	539	\$6.87
Marathon	22195	7.1%	1578	\$11.36
Marinette	10295	2.3%	239	\$1.41
Marquette	5951	9.4%	559	\$5.90
Menominee	1287	0.0%	0	\$0.00
Milwaukee	23534	0.3%	80	\$0.48
Monroe	6561	10.1%	662	\$4.63
Oconto	13336	2.4%	321	\$2.54
Oneida	15788	1.7%	274	\$1.31
Outagamie	13997	0.8%	117	\$1.91
Ozaukee	11940	0.7%	80	\$0.69
Pepin	1593	20.1%	320	\$2.48
Pierce	4678	14.7%	689	\$9.98
Polk	8907	4.7%	422	\$3.75
Portage	8658	17.7%	1536	\$13.13
Price	4868	1.9%	94	\$0.38
Racine	16892	0.6%	99	\$0.84
Richland	3262	8.8%	286	\$2.47
Rock	12275	24.4%	2999	\$32.45
Rusk	4857	3.6%	175	\$1.00
Saint Croix	13362	12.2%	1624	\$15.97
Sauk	7775	13.4%	1042	\$9.33
Sawyer	9796	1.0%	99	\$0.48
Shawano	7604	8.0%	606	\$5.14
Sheboygan	11561	3.0%	344	\$3.03
Taylor	5255	2.7%	144	\$0.91
Trempealeau	5044	18.2%	917	\$10.05
Vernon	4350	3.3%	142	\$2.11
Vilas	12718	1.6%	201	\$0.95
Walworth	17916	4.0%	715	\$6.31
Washburn	6395	0.8%	53	\$0.34
Washington	19541	3.8%	735	\$10.52
Waukesha	57361	1.8%	1041	\$14.38
Waupaca	10389	7.1%	736	\$6.15
Waushara	9254	10.4%	964	\$9.08
Winnebago	14271	1.9%	266	\$4.27
Wood	8099	4.9%	394	\$2.75
Totals	676,237	1.,,0	42,019	\$446M
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#### Public water systems costs

Because nitrate is both an acute and chronic health issue, community Public Water Systems cannot serve water over the nitrate Enforcement Standard (ES), and therefore must either replace the well or install approved treatment if they exceed it. In 2019, the city of Colby in Marathon County spent \$769,000 to install a nitrate mitigation system. In 2018, the village of Junction City in Portage County replaced a public water supply well due to high nitrate concentrations at a cost of \$1,128,000. That same year, the village of Fall Creek spent \$1,074,000 to replace a well due to high nitrate. While complete information on the costs have not been confirmed, the current estimate is over 40 million dollars have been spent by municipal public systems to deal with nitrate. Theses cost estimates do not include increased sampling or investigative costs, nor operational costs to maintain treatment systems.

The Safe Drinking Water Act allows transient non-community (TN) systems to continue to operate with nitrate above the health standard of 10 mg/L but below 20 mg/L if the nitrate level warning is posted and bottled water is provided. TN systems include motels, restaurants, taverns, campgrounds, parks and gas stations. In recent years, there have been up to 300 TN systems in operation in this situation. WDNR has recently initiated a plan that will bring all TN public water systems back into compliance with the nitrate standard of 10 mg/L. Using the same process for developing costs as for the private well replacement, the total cost for TN well mitigation of the currently existing systems over 10 ppm is 3.2 million dollars. Each year about 20 new TN systems go over the nitrate standard.

Over the past 10 years 61 non-transient non-community systems (such as wells serving schools, day care centers and factories) have exceeded the standard. Using a similar cost estimate method as above, the cost to those systems is estimated at 747,000 dollars.

#### Further Reading

- DNR overview of nitrate in drinking water
- DNR overview of nutrient management planning
- DATCP overview of nutrient management
- DHS overview of nitrate health effects
- DNR, DATCP, and DHS water quality recommendations
- NR 151 rule changes for nitrate

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